



GILDREDGE HOUSE

Sports Day

Friday 26th May 2023

Eastbourne Sports Park

8:30 - 3:05PM

Good Luck to all competitors and
officials.

Have a wonderful day.

PROGRAMME OF EVENTS - TRACK

8.30 AM 4x100m Relay Heats

1st & 4 next fastest teams T23. Heat A Y9 G
qualify for the FINAL T24. Heat B Y9 G

T1. Heat A Y10 B T25. Heat A Y8 B
T2. Heat B Y10 B T26. Heat B Y8 B
T3. Heat A Y10 G T27. Heat A Y8 G
T4. Heat B Y10 G T28. Heat B Y8 G
T5. Heat A Y9 B T29. Heat A Y7 B
T6. Heat B Y9 B T30. Heat B Y7 B
T7. Heat A Y9 G T31. Heat A Y7 G
T8. Heat B Y9 G T32. Heat B Y7 G

11.10am 1500m Finals

T9. Heat A Y8 B T33. F1 Y7 B
T10. Heat B Y8 B T34. F1 Y8 B
T11. Heat A Y8 G T35. F2 Y7 G
T12. Heat B Y8 G T36. F2 Y8 G
T13. Heat A Y7 B T37. F3 Y9 B
T14. Heat B Y7 B T38. F3 Y10 B
T15. Heat A Y7 G T39. F4 Y9 G
T16. Heat B Y7 G T40. F4 Y10 G

10.22am 100m Heats

1st & 6 next fastest times 11.38 200m Heats

qualify for the FINAL

T17. Heat A Y10 B T41. Heat A Y10 B
T18. Heat B Y10 B T42. Heat B Y10 B
T19. Heat A Y10 G T43. Heat A Y10 G
T20. Heat B Y10 G T44. Heat B Y10 G
T21. Heat A Y9 B T45. Heat A Y9 B
T22. Heat B Y9 B T46. Heat B Y9 B

MEETING OFFICIALS

Head of Event & Head Teacher: CBU
Meeting Organiser & Head of PE: CTA
Meeting Director: MGR
Heads Of House: Bader - NDG, Carter - KNI,
Hopkins - NDG, Johnston- ABU, Ravilious - TAD.

Place Judges: RSU, JCL, LED, GIN

Time Keepers: JDO, LRI, KRA

Announcer: DOD

Recorders: CDY, CPH

Computer Results: GNE, KKE

Field Judges: DSI (Jav), PTW (HJ), SMY (TJ), ITU (LJ),
JCO (Shot)

Relay Changeovers: PE Staff & Brighton University
Students

Starter: DTE

Marksman: Mr J Gilmore

Presentations: FFO, JYE & Student Team

Head of Year: ATH CAP TAD EFO

Gate: CHA

Medical: LPO

Video Production: NGA

Assistant Officials: GH Students and Brighton
University Sports Students

SCHOOL HOUSES

We wish every student across all the houses, every success. Every student that takes part scores Aspire points for their house.



CARTER



HOPKINS



BADER



JOHNSTON



RAVILIOUS

- T47. Heat A Y9 G
- T48. Heat B Y9 G
- T49. Heat A Y8 B
- T50. Heat B Y8 B
- T51. Heat A Y8 G
- T52. Heat B Y8 G
- T53. Heat A Y7 B
- T54. Heat B Y7 B
- T55. Heat A Y7 G
- T56. Heat B Y7 G
- 12.26 800m Finals
- T57. F5 Y7 B
- T58. F5 Y8 B
- T59. F6 Y7 G
- T60. F6 Y8 G
- T61. F7 Y9 B
- T62. F7 Y10 B
- T63. F8 Y9 G
- T64. F8 Y10 G
- 12.46 100m FINALS
- T65. FINAL Y7 B
- T66. FINAL Y7 G
- T67. FINAL Y8 B
- T68. FINAL Y8 G
- T69. FINAL Y9 B
- T70. FINAL Y9 G
- T71. FINAL Y10 B
- T72. FINAL Y10 G

13.18 200m FINALS

- T73. FINAL Y7 B
- T74. FINAL Y7 G
- T75. FINAL Y8 B
- T76. FINAL Y8 G
- T77. FINAL Y9 B
- T78. FINAL Y9 G
- T79. FINAL Y10 B
- T80. FINAL Y10 G

13.50 300m / 400m FINALS

- T81. 300m FINAL Y7 B
- T82. 300m FINAL Y7 G
- T83. 300m FINAL Y8 B
- T84. 300m FINAL Y8 G
- T85. 300m FINAL Y9 B
- T86. 300m FINAL Y9 G
- T87. 300m FINAL Y10 G
- T88. 400M FINAL Y10 B

14.30 4X100m RELAY FINALS

- T89. 4X100m FINAL Y7 B
- T90. 4X100m FINAL Y7 G
- T91. 4X100m FINAL Y8 B
- T92. 4X100m FINAL Y8 G
- T93. 4X100m FINAL Y9 B
- T94. 4X100m FINAL Y9 G
- T95. 4X100m FINAL Y10 B
- T96. 4X100m FINAL Y10 G

Please remember that track takes priority over field.

PROGRAMME OF EVENTS – FIELD

10.00 am

F1 Y7 B Long Jump
F2 Y7 G Triple Jump
F3 Y10 B Javelin
F4 Y9 B Shot
F5 Y9 G High Jump

10.40 am

F6 Y7 G Long Jump
F7 Y7 B Triple Jump
F8 Y10 G Javelin
F9 Y9 G Shot
F10 Y9 B High Jump

11.05am

F11 Y8 B Long Jump
F12 Y8 G Triple Jump
F13 Y7 B Javelin
F14 Y10 B Shot
F15 Y10 G High Jump

11.55am

F16 Y8 G Long Jump
F17 Y8 B Triple Jump
F18 Y7 G Javelin
F19 Y10 G Shot
F20 Y10 B High Jump

12.35pm

F21 Y9 B Long Jump
F22 Y9 G Triple Jump
F23 Y8 B Javelin
F24 Y7 B Shot
F25 Y7 G High Jump

13.15pm

F26 Y9 G Long Jump
F27 Y9 B Triple Jump
F28 Y8 G Javelin
F29 Y7 G Shot
F30 Y7 B High Jump

14.00pm

F31 Y10 B Long Jump
F32 Y10 G Triple Jump
F33 Y9 B Javelin
F34 Y8 B Shot
F35 Y8 G High Jump

14.40pm

F36 Y10 G Long Jump
F37 Y10 B Triple Jump
F38 Y9 G Javelin
F39 Y8 G Shot
F40 Y8 B High Jump

IMPORTANT INFORMATION

Please note that there will be only 2 attempts per height for High Jump.

LUNCH – Please take a break between events.

Sports Day will finish at approximately 3:05 PM.

Please listen to announcements as the timings are approximate.

If you are not at the start line for your race, you will not be able to participate.