



Setting up your child's iPhone with Apple Family Sharing: a Parent's Guide

Step 1: Set up Family Sharing

- a) On your iPhone, go to Settings > [Your Name] > Family Sharing.
- b) Tap "Add Member" > "Create an Account for a Child".
- c) Follow the prompts to create your child's Apple ID.

Step 2: Set up your child's iPhone

- a) Turn on the new iPhone and follow the setup prompts.
- b) When asked to sign in with an Apple ID, use your child's new Apple ID.
- c) Enter the parent's Apple ID password when requested to complete the setup.

Step 3: Enable key Parental Control features

A. Screen Time

1. On your iPhone, go to Settings > Family Sharing > Screen Time.
2. Tap your child's name and turn on Screen Time.

B. Downtime

1. In Screen Time settings, tap "Downtime".
2. Set a daily schedule when apps are unavailable e.g. the school day 8.25am-3.05pm.

C. App Limits

1. In Screen Time settings, tap "App Limits" > "Add Limit".
2. Choose app categories or specific apps to limit, e.g. YouTube/Gaming Apps.
3. Set a time limit for each day or customise by day.

D. Communication Limits

1. In Screen Time settings, tap "Communication Limits".
2. Choose who your child can communicate with during allowed screen time and downtime.

E. Communication Safety

1. In Screen Time settings, tap "Communication Safety".
2. Turn on the feature to warn your child about sensitive content in Messages.

Step 4: Manage purchases and downloads

- a) Go to Settings > Family Sharing > Purchase Sharing.
- b) Ensure "Share Purchases with Family" is turned on.
- c) Your approval will be required for your child's purchases and downloads.

Step 5: Location Sharing

- a) In Family Sharing settings, tap "Location Sharing".
- b) Turn on location sharing for your child's device.

Remember: Review and adjust these settings *regularly* as your child grows and their needs change. Open communication about device usage is key to maintaining a healthy digital lifestyle.



Setting up your child's Android phone with Google Family Link: a Parent's Guide

Step 1: Set up Family Link

- a) Download the Google Family Link app on your phone.
- b) Open the app and tap "Create family group".
- c) Follow the prompts to add your child to the family group.

Step 2: Set up your child's Android phone

- a) Turn on the new Android phone and follow the setup prompts.
- b) When asked to sign in with a Google account, choose "Create account for my child".
- c) Enter your child's information and follow the prompts to create their account.
- d) Link your child's account to yours when prompted.

Step 3: Enable key Parental Control features

A. Screen Time Limits

1. Open the Family Link app on your phone.
2. Select your child's profile.
3. Tap "Daily limit" to set overall screen time limits.

B. Bedtime

1. In Family Link, tap "Bedtime" under your child's profile.
2. Set a schedule for when the device should be locked.

C. App-Specific Limits

1. In Family Link, tap "App limits" under your child's profile.
2. Select apps you want to limit and set daily time limits.

D. Content Restrictions

1. In Family Link, tap "Content restrictions" under your child's profile.
2. Set age limits for apps, games, movies, and TV shows.

E. SafeSearch and YouTube Restrictions

1. In Family Link, scroll to "Filters on Google Chrome" and "YouTube" sections.
2. Enable SafeSearch and restricted mode on YouTube.

Step 4: Manage purchases and downloads

- a) In Family Link, tap "Google Play" under your child's profile.
- b) Choose approval settings for purchases and downloads.

Step 5: Location Tracking

- a) In Family Link, tap "Location" under your child's profile.
- b) Enable location tracking to see your child's device location.

Step 6: Device locking

- a) In Family Link, you can remotely lock your child's device at any time.
- b) Tap "Lock now" under your child's profile to instantly lock the device.

Additional tips:

- Some features may require you to set up Family Payment Methods in Google Play.
- For teenagers (13 years and older), the child can turn off some restrictions, but you will be notified of this.
- Family Link settings can also be accessed through parents.google.com on a computer.

Remember: Review and adjust these settings *regularly* as your child grows, and their needs change. Open communication about device usage is key to maintaining a healthy digital lifestyle.