



KEY REMINDERS- TECHNOLOGY GUIDANCE

With two weeks off school over the Easter half term, we know students will miss their friends and having those peer interactions. There may be an increased amount of contact with them over social media and various digital platforms. While we recognise these can be great tools for learning and a great resource all around, they can be hard to navigate.

Please read the below for more advice and guidance about specific devices :

- Phones
- Laptops
- Tablets
- Smart TV's
- Xbox Live/360 and One
- PS3 and PS4

For more guidance and useful information on E-Safety and access to more guides and useful information, please click [here](#).

Key Dates

17TH APRIL
TERM 5 STARTS
WHOLE SCHOOL

17TH-26TH MAY
CAREERS INTERVIEWS
YEAR 10

27TH APRIL
PARENTS EVENING
YEAR 8

REMINDER

In the Summer term, children in Years 2, 3 and 4 will have the opportunity to start violin lessons at school. There will be taster sessions taking place on Wednesday 19 April. For more information and to book your place, please get in touch with the violin teacher Conni on conni.rogers@createmusic.org.uk

ASPIRE Points Totals



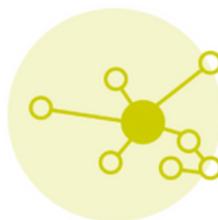
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HOPKINS

16044



JOHNSTON

16160



RAVILIOUS

16420

Primary

Year 6 PGL Trip

Last week, Year 6 had a brilliant adventure going to PGL on the Isle of Wight. On Wednesday, we had a fun journey, with lots of excited children, and the ferry was the highlight. It stayed dry for our first afternoon of activities, which included Archery, Giant Swing, Zip Wire and the Matrix. Following a delicious dinner, we played some sports and had a great time playing Ambush - hiding in the mud!

On Thursday, we went out to explore the Isle of Wight on our excursion day. After a good breakfast, we headed to the Animal Sanctuary and learnt about how lions and tigers have been rescued and rehabilitated - we even got to see the lions being fed! We embraced the weather in the afternoon and saw The Needles, learnt how strawberries and cream sweets were made, made our own sand maps and had a 4D cinema experience - finished off with an ice cream. We ended the day with dinner and a disco.

After tidying our cabins, we enjoyed the last morning of PGL adventure activities. We had our last lunch and headed off home.

Year 6 were fantastic - they maintained a high level of energy throughout the whole trip, showed resilience with the activities and embraced the culture of the excursion day.

Mrs. J Stoakley

Teacher of Year 6 &
Upper Key Stage 2 Phase Leader



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GH SPORT SUCCESS

YEAR 6 - OUTDOOR AND
ADVENTUROUS ACTIVITIES
@ UNIVERSITY OF BRIGHTON



Year 6 Outdoor and Adventurous Activities trip to the University of Brighton

Last week on Monday afternoon, Year 6 took part in an OAA taster session at the University of Brighton. Outdoor adventurous activities require our students to communicate, problem solve and work together in order to be successful. The children took part in rock climbing, indoor caving, team building activities and finished with a problem solving scavenger hunt. These experiences were a great lead up to their PGL trip to the Isle of Wight later in the week.



GHSPORT SUCCESS

 Thank you to the parents who have supported the students in attending these events this term, we really value your support in enabling these opportunities to go ahead alongside the PE curriculum. 

NATIONAL INTER-COUNTIES CROSS COUNTRY

Eight athletes from Years 7 & 8 qualified in the top 20 of the Sussex School Cross Country Championships to represent Sussex at this event on Saturday. (not pictured is Chyna)

Competing on a brutal course against the best athletes in the South and beyond, was a great learning experience. They were excellent representatives for their clubs, the school and Sussex.



SUSSEX SCHOOL CROSS COUNTRY CHAMPIONS

The Year 7 Boys Cross Country Team received their gold medals and confirmation that they are the Sussex Team Champions for this season. They are already looking forward to defending their title next year!

SUSSEX SCHOOLS TENNIS CHAMPIONSHIPS - U8/9

A fantastic achievement for the youngest teams to compete this year. The only state school to enter, the teams won or drew all their matches, winning the tournament in the mixed and development categories. They are formidable and dedicated players and are looking forward to competing in the next event in the Summer Term. Well done, Aggi, Lake, Mia and Jessica.

SUSSEX SCHOOL GAMES SPORTS HALL ATHLETICS FINALS

Congratulations to the Year 7 Boys team who qualified for this event in February, competing against the best teams in the county, they came fourth overall.



Sixth Form



Sixth Form Foodbank Donations

Many thanks to some of the Sixth Form community who have been kind and brought in donations of Easter Eggs for Foodbank. They wanted to do something nice for the community to help ensure that children who are in a difficult financial situation would receive an Easter Egg.

Happy Easter to everyone from Gildredge House Sixth Form.



Gildredge House Attendance Policy

Attendance Policy

At Gildredge House we have an Attendance Policy available at the above link.

Attendance summary Spring Term

At Gildredge House, we believe that outstanding attendance is important to ensure children are safe and have full access to the educational provision made for them. We closely monitor attendance and punctuality and believe that attendance at school must be maximised in order to raise the achievement of all students and improve their prospects in adult life.

As we approach the end of Spring Term 4, we hope that the majority of winter viruses are behind us and we want to encourage everyone to strive towards an end-of-year attendance percentage of between 96% - 100%. All students currently around the 90% attendance mark have a high chance of achieving around 96% with excellent attendance in terms 5 and 6.

During this current academic year, our most common reasons for absence across both our Primary and Secondary phases are listed below. Please click on each of the links to access the NHS England guidance to find out more about managing and prevention:

[Diarrhoea and vomiting](#)

[Common cold and cough](#)

[Migraines and headaches](#)

We encourage families to contact key links in the school (Head of Year/Tutors/Pastoral team) if you would like to discuss ways to improve attendance. The school endeavours to work with families to make sure that any barriers or circumstances which may lead, or be leading to poor attendance are given the right attention and appropriate support.

Thank you for your support and for working together with us.

Mrs S Driscoll
Attendance Officer



WEEKLY CLASS ATTENDANCE

At Gildredge House, we believe that outstanding attendance is important to ensure children are safe and have full access to the educational provision made for them.

We closely monitor attendance for all students in both Primary and Secondary. We celebrate, weekly, the top two classes with the highest attendance rates in both phases of the school.

Week: 20th March - 24th March 2023

Congratulations to:



Primary

4A = 97.3%

5B = 98.7%

6A = 97.3%

Secondary

7B = 97.3%

8B = 97.3%

8R = 95.9%



MENU



WEEKLY MENU

Gildredge House School Summer Menu 2023 - Week 1

Monday

Pork Chilli Con Carne Dog topped with Grated Cheese & Crispy Onions

Vegetable Chilli Con Carne

Potato Wedges

Side Salad

Fusilli Pasta with Tomato Basil Sauce

Apricot Flapjack

Tuesday

Chicken Forestiere - Strips of Chicken in a Mushroom Tomato Herb Sauce

Pea & Leek Pasta Bake

Fusilli Pasta

Garlic Bread Slice

Jacket Potato with Baked Beans

Toffee Apple Pie with Custard

Wednesday

Honey Baked Gammon with Roast Gravy

BBQ Vegetable & Butternut Squash Meatloaf

Roast Potatoes

Glazed Carrots & Broccoli

Fusilli Pasta with Slightly Spiced Tomato Sauce

Chocolate Tiffin Slice

Thursday

Creamy Coconut Chicken Korma Curry

Butternut Squash & Chickpea Curry

Braised Rice

Naan Bread

Jacket Potato served with Grated Cheese

Drizzled Carrot Cake

Friday

Battered Fish of the Day

Vegetable Bean Burger

Chipped Potatoes

Baked Beans or Peas

Fusilli Pasta with Pesto Basil Oil

Forest Berry Yoghurt



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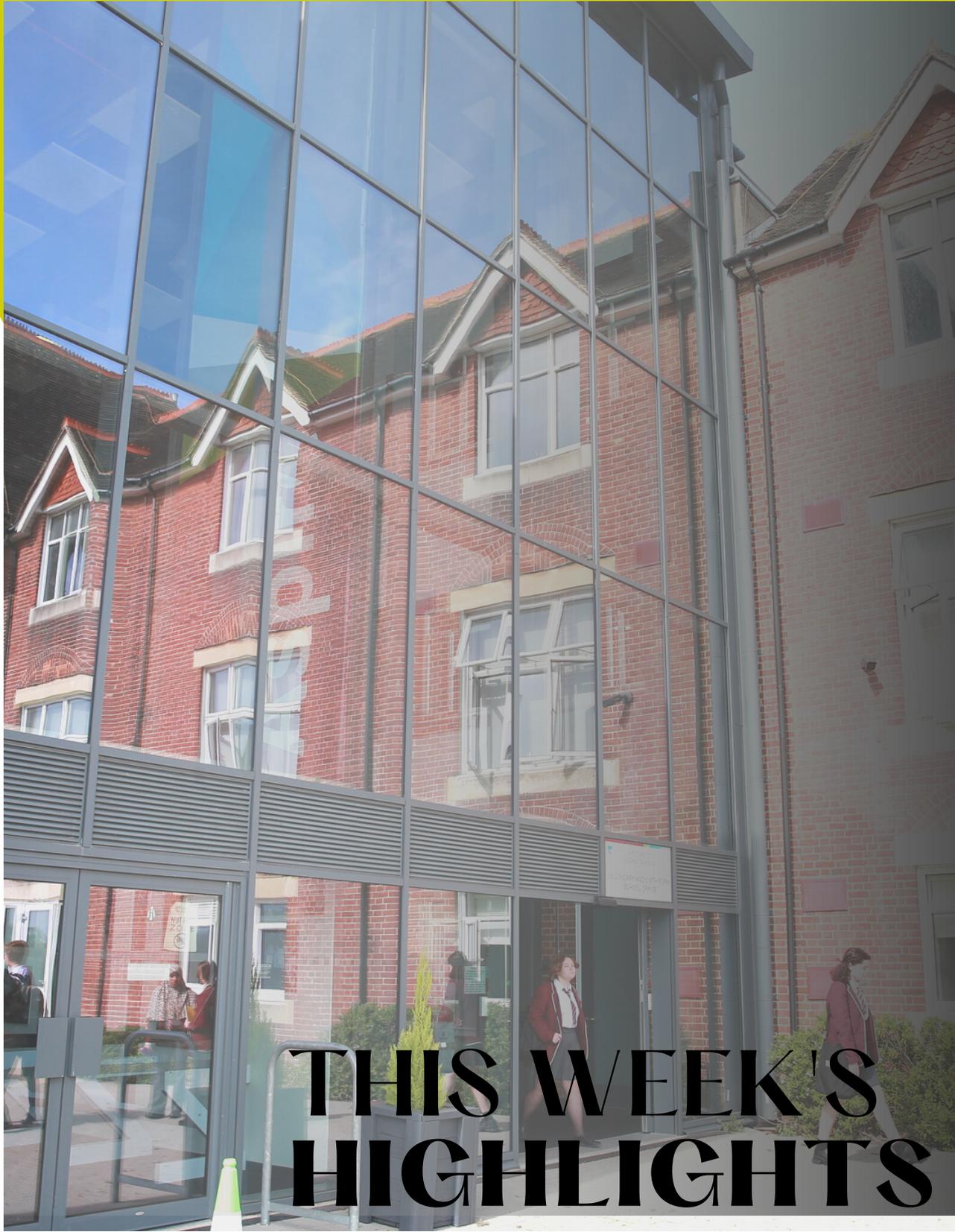


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GILDREDGE NEWS

GH CAREERS

CAREERS UPDATES



**THIS WEEK'S
HIGHLIGHTS**



CAREERS UPDATES

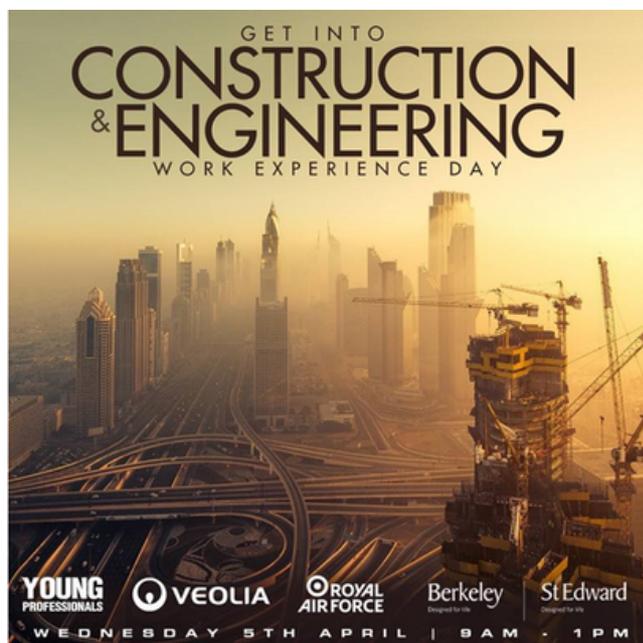
For more Careers advice please check out the website. Available [here](#).

Do you have a passion for building and creating things from scratch?

If so, maybe a career in Engineering, Construction or Property Development might be for you!

On Wednesday 5th of April from 9.00 am - 1.00 pm, Young Professionals will be hosting a full day's work experience for students looking to learn more about a career in this innovative and practical field. This event will be held virtually via Zoom.

They will be joined by leading global employers within the sectors, including companies such as one of the UK's most luxury property developers, FTSE company Berkeley Group, and the world leader in environmental services combating climate change, Veolia!



You'll get the chance to hear from leading industry professionals and gain exclusive insights into the various career paths available in Engineering and Construction, no doubt there will be the perfect job just for you in such a huge industry! With it being a multi-employer event you will get a taste of what a career could look like in each industry.

You'll learn about all the various routes into the sector as well as the apprenticeship programmes offered by these firms, which will ultimately provide you with an opportunity to take your first step towards an exciting career within the dynamic field!

This work experience day will also be jam-packed with exciting activities and challenges that will put your skills to the test, giving you the opportunity to take part in hands-on workshops that will allow you to get a taste of what it is really like to work in the exciting and ever-changing engineering sector.

Apply [here](#).





CAREERS UPDATES

For more Careers advice please check out the website. Available [here](#).

Gain valuable work experience for a career in Law.

Are you interested in a dynamic and thrilling career in the legal industry? Would you like to gain invaluable experience, insights, and build connections that will set you apart from other students pursuing a career in law? If so, we have an exciting opportunity for you during the Easter holiday!

Young Professionals are hosting a full day of work experience for students looking to learn more about the legal industry and pursue a career in law! This event will be taking place virtually (live on Zoom) on Tuesday 4th April between 10am-4pm and you will be joined by some of the biggest global law firms, such as Freeths, Charles Russells Speechly's, Fragomen, and the University of Law!



Throughout the day, you will have the opportunity to take part in a variety of exciting workshops as well as hearing all about the fantastic apprenticeship programmes and alternative routes into a career that are available with these huge firms! This is an exciting chance to interact with some of the most successful and respected employers in the law sector, who will be able to share their knowledge, experience and expertise with you.

In addition to learning more about the industry, attending this work experience will also provide you with a rare and unique experience to add to your CV!

You will gain a better understanding of the skills and attributes required for a career in law, as well as a certificate of attendance and the opportunity to make valuable connections with professionals in the field.

Don't miss out on this brilliant opportunity and sign up now to secure your place! Sign up [here](#).

For further information on kick-starting your career, visit Young Professionals [here](#).





CAREERS UPDATES

For more Careers advice please check out the website. Available [here](#).

Are you interested in pursuing a career in engineering, science, or anything to do with STEM?

Would you like to gain some rare and invaluable work experience with multiple global FTSE companies? If so, here is the perfect opportunity for you!

On Wednesday, 12th of April from 9 am-3 pm, Young Professionals will be hosting a virtual work experience day with Spectris, Malvern Panalytical, HBK, and Servomex! Spectris is an FTSE company and owns all the other science and engineering-based companies mentioned above.

Participating in an event such as this will not only allow you to learn more about the industry but will also give you a unique opportunity to gain valuable experience that will be beneficial for adding value to your CV and LinkedIn profile. This will show employers (including Spectris) that you are proactive and looking to develop your skillset before entering the workplace, which can help you to be recognised as an ambitious and motivated individual as well as allow you to stand out from other students.

Please sign up for this incredible opportunity [here](#).

Meet the Russell Group Webinars 25th - 27th April

Interested in going to a Russell Group University? Make sure you don't miss the upcoming Meet the Russell Group webinars.

Hear directly from representatives and experts from all 24 Russell Group Universities including Cambridge, Oxford, King's College London, LSE, and Manchester to get answers to all of your questions about applications, student life, personal statements, and much more.

Held across 3 days, the webinars will cover topics such as an Introduction to the Russell Group & Why to Study There, Personal Statements & Applying to a Russell Group University, and Student Life.

[REGISTER FOR YOUR PLACE HERE](#)



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