

Appendix 2 - Secondary Phase Programme

	Living in the Wider World	Relationships and Sex	Health and Wellbeing
Year 7	<ul style="list-style-type: none"> ▪ Introduction to Secondary School ▪ PSHE introduction ▪ Aspirations and Self Esteem ▪ Being a Resilient Student ▪ Online Safety ▪ Introduction to budgeting, Saving and Finance ▪ Racism and Stereotypes 	<ul style="list-style-type: none"> ▪ Family, Marriage and Civil Partnership ▪ Positive Friendships ▪ Love, Positive and Safe relationships ▪ Bullying Online and Offline (including cyber bullying and trolling) ▪ Personal Identity and Diversity ▪ Extremism and Radicalisation 	<ul style="list-style-type: none"> ▪ Healthy Living - Nutrition, Exercise, Rest and Healthy eating ▪ Addiction, Drugs and dangerous substances - including smoking and energy drinks ▪ Puberty, periods and FGM ▪ Mental Health, Depression and anger management
Year 8	<ul style="list-style-type: none"> ▪ Careers, Skills, Vocational Qualities, and Entrepreneurship ▪ Gangs + Crime ▪ Finance, Budgeting, Tax and Saving ▪ Prejudice + Discrimination LGBT and Disability ▪ Internet Safety - Online Dangers + Predators ▪ Caring for the Environment 	<ul style="list-style-type: none"> ▪ Safe Sex - Consent, Contraception, Pornography, Image Sharing, STIs + Sexual Health, Sexting and Body Image, ▪ Extremism and Radicalisation ▪ Online Predators ▪ Tolerance and Anti-Racism ▪ Domestic Conflict and Running Away From Home 	<ul style="list-style-type: none"> ▪ Wellbeing- Mindfulness, Confidence, Self- Awareness, Emotions and Emotional Literacy ▪ Personal Safety and First Aid ▪ Cancer Awareness ▪ Vaping, Nicotine and Addiction ▪ Pregnancy + Parenting ▪ Personal Development, Behaviour, Targets and Goals
Year 9	<ul style="list-style-type: none"> ▪ Employability and Workplace Skills ▪ Personal Finance - Avoiding Debt, Navigating ▪ Financial Institutions, County Lines ▪ Human Rights and Responsibilities ▪ Law, Knife Crime and Youth Offenders ▪ Self-discipline and Sustainability 	<ul style="list-style-type: none"> ▪ Child Sexual Exploitation - Predators and Danger (CSE) ▪ Peer Pressure ▪ Bullying, Body Image and the Media - includes Eating Disorders. ▪ Domestic Abuse and Conflict, ▪ Abusive Relationships ▪ Our Community and Diversity ▪ Exploring the LGBT+ and other UK Communities 	<ul style="list-style-type: none"> ▪ Alcohol Awareness, Risks and Dangers ▪ Drugs, Substance Abuse and the Law ▪ Mental Health Unit - Stress, Anxiety and Mindset ▪ Vaccinations, Organ, Blood and Stem Cell Donation ▪ Self-Harm Awareness ▪ Behaviour, Achievement Education and Distractions ▪ Personal Safety - Acid Attacks

<p>Year 10</p>	<ul style="list-style-type: none"> ▪ Employability, Careers and Workplace Awareness ▪ Rights, Responsibilities and Equality ▪ Money Laundering ▪ Fake News and Media Awareness ▪ Racism - BLM and Activism ▪ Gangs ▪ Crime and County Lines ▪ The Criminal Justice System ▪ Prejudice and Discrimination 	<ul style="list-style-type: none"> ▪ Same Sex and LGBT+ Relationships ▪ Gender and Transgender Identity ▪ Honour-based Violence ▪ Sexism and Gender Prejudice ▪ Forced and Arranged Marriages, ▪ Radicalisation ▪ Online Harassment and Stalking ▪ Revenge Porn ▪ Conflict Management ▪ Parenting and Families 	<ul style="list-style-type: none"> ▪ Mental Health inc. Social Anxiety ▪ Grief and Bereavement ▪ Social Media and Self-Esteem ▪ Suicide ▪ Binge Drinking ▪ Tattoos and Piercings ▪ Managing time online ▪ Screen Time Awareness ▪ Managing our time effectively and Study Skills ▪ Living Sustainably ▪ Homelessness
<p>Year 11</p>	<ul style="list-style-type: none"> ▪ GCSE Revision and Study Skills ▪ Applying to College and University ▪ Preparing for Work and Living Independently ▪ Internet Safety - The Dark Web + Cybercrime ▪ Health and Safety ▪ Trade Unions ▪ Multiculturalism, Globalisation and Sustainability 	<ul style="list-style-type: none"> ▪ Different Types of Relationships (inc. LGBT+) ▪ Types of Committed Relationships, ▪ Unhealthy Relationships ▪ Consent, Rape and Sexual Abuse ▪ Relationship Break-Ups ▪ Forced Marriage ▪ Bullying and Body Shaming ▪ Sex and Waiting for Sex ▪ Pleasure and Risk ▪ Drugs, Alcohol and Sex 	<ul style="list-style-type: none"> ▪ Gambling, Addiction and Online Gaming ▪ Obesity and Body Positivity ▪ Pregnancy and Childcare ▪ The Importance of Sleep and Relaxation ▪ Fertility ▪ STIs ▪ Menopause ▪ Reproductive Health ▪ CPR, First Aid, Personal Safety and Taking Risks ▪ Perseverance and Procrastination