

## Year 10 Students attend The Big Futures Careers Show

All our Year 10 students visited The Big Futures Careers Show (BFS) held at Eastbourne Sports Park. This is one of the most important events in the careers calendar because BFS is the largest careers fair in Sussex.

There were over 100 exhibitors who represented everything within Post-16 education including colleges, sixth forms, apprenticeships, training, volunteering, work experience and much, much more. Also represented were universities, employers from all sectors who were sharing their entry criteria and recruitment strategies. Students had opportunities to participate in physical activities, competitions, chat, ask questions and think about their Post-16 options.



The best bit “All the freebies up for grabs and getting our hair curled by hairdressing students at ESCG”. Freebies also included cakes, bags, pens, sweets and other fun stuff.

The students demonstrated exemplary behaviour and the trip was a big success. Thank you to all the Year 10 parents and carers for supporting your child to attend and for completing your permission forms. I really hope the students found it interesting and that they have shared their experience of the event with you. We will be continuing our Post-16 discussions in Careers and Community lessons





## Year 10 careers interviews starting this term

All Year 10 students will be having their careers interviews this term. If you're a parent of a Year 10 student, please start having conversations at home about your child's career interests. Research suggests that students are very influenced by their parent's opinions and talking their career options through with them in advance can be helpful. In this term we will be logging into Careers East Sussex and looking at our course and institution options, learning more about the application process and preparing for Work Experience in July.



## Inspiring Women in Professional Football trip to the Amex Stadium

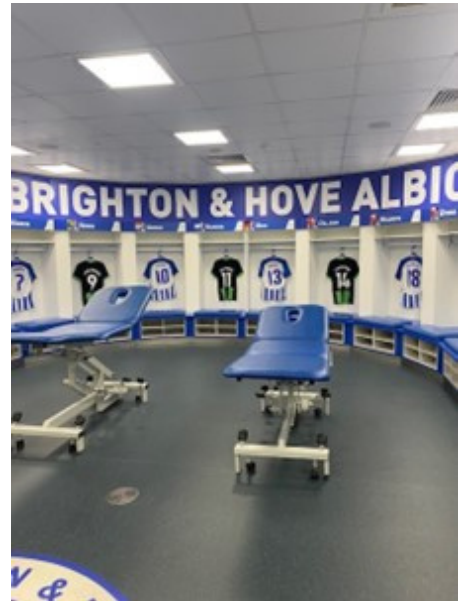
On Monday 20 April, Gildredge House were able to take 6 women footballers to Brighton and Hove Albion Football Club at the Amex Stadium in Brighton.



The event was targeted at girls and only 30 girls in the county were invited to take part. The girls learned more about careers in professional sport, especially football and had a taster of all the skills needed to work in professional football, either as a player, coach or referee.



We learned that the Brighton and Hove Albion Football club have over 1000 employees and as we toured the stadium we could see the many different jobs on offer.



We even got to hear about the important roll of the designers who design the clubs football kits and merchandise.

# Higher Technical Qualifications 2023/2024 Update



Higher Technical Qualifications (HTQs) are a high-quality option for Level 4 and 5 qualifications giving people the skills employers are looking for in key job roles like cybersecurity specialist, site supervisor and nursing associate. Qualifications like HNCs, HNDs and Foundation Degrees are assessed against employer-developed standards and, if approved, have the right to be identified as an HTQ. Look out for the HTQ Quality Mark logo on approved courses.

Figure 2: Institute-approved HTQs and their level of award within the wider education framework

Levels	Qualifications/ Programmes	Apprenticeships
6+	Degrees	Higher and Degree Apprenticeships
5	Institute-Approved Higher Technical Qualifications <sup>1</sup>	
4		
3	Level 3 Including A Levels and T Levels <sup>2</sup>	Advanced Apprenticeships
2	GCSE and other Level 2	Intermediate Apprenticeships
1 and below	Level 1 and Entry Level	

<sup>1</sup> Review of Higher Technical Education at Levels 4 and 5 in England

<sup>2</sup> The Government is reviewing post-16 Level 3 and below qualifications in England (excluding T Levels, A Levels and GCSEs)



**What HTQs are available?**

- September 2022: Digital
- September 2023: Construction, Design & Build; Health & Science
- September 2024: Business & Administration Education & Early Years; Engineering & Manufacturing; Legal, Financial & Accounting
- September 2025: Agriculture, Environment & Animal Care; Care Services; Catering & Hospitality; Creative & Design



## Virtual Work Experience in the NHS

Virtual work experience has been accepted by the Medical Schools and Dental Schools Council as valuable alternatives to in-person shadowing, backed by the Health Education England Discovery report on the impact of virtual work placements, supporting over 30,000 secondary school students to access free work experience in 2023.

Not only is this a reliable alternative to in-person shadowing, but it also plays a significant role in preparing students for their in-person work placements with structured teaching and opportunities to speak directly with healthcare professionals.



The Virtual Work Experience Programme is brought to you by Birmingham Universities Hospitals Trust in collaboration with Medic Mentor. It is completely free to partake in, and is open to any student across the UK from 14 years old and above.

For further information visit <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

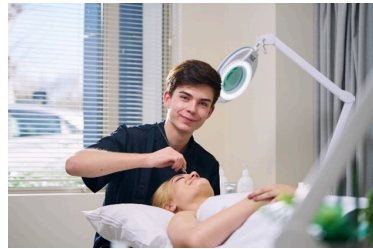
Students can apply for a placement for free using this link:

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

## A focus on Beauty Therapy

Beauty Therapists provide face and body treatments to help clients look and feel better (National Careers Service) [more information here](#)

A beauty therapist is a professionally trained face and body care expert. They can be certified to deliver a wide range of treatments or they can choose to specialise in certain areas like massage, facials or waxing.



One of the most important skills of a Beauty Therapist is to be a great communicator because they are talking to their clients all day and this is where the word ‘therapist’ comes from. Research has shown that “clients will return to beauty therapists they like again and again, both for their services and for who they are as a person” (Careers and Enterprise Company - Career Matters, April 2024). As well as performing a range of treatments on their clients, Beauty Therapists also have to carry out administration tasks, so English, Maths and IT will always be used for ordering stock, booking appointments, emailing clients and basic administration duties.

To become a Beauty Therapist, students must complete a Level 2 and 3 college course, or they can study a T-Level in Beauty and Spa Therapy (all available at ESCG - Eastbourne). Alternatively you can gain your qualification through achieving an apprenticeship. Visit the Find an apprenticeship website <https://www.gov.uk/apply-apprenticeship>





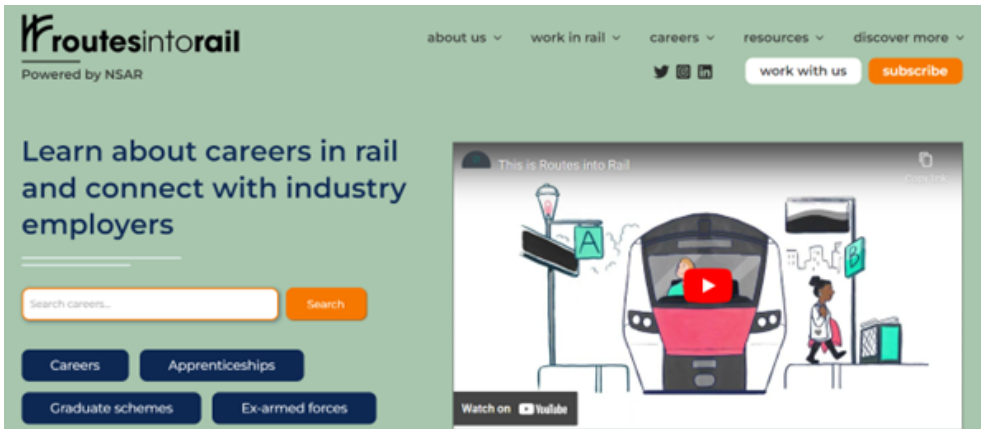
## Virtual Work Experience in Local Government

Are you interested in exploring careers in local government? If so, why not look at their guide to Virtual Work Experience and find out more about the careers that may interest you. Jobs such as Town Planning, Legal and Licensing, Highways and Transport, Environmental and Sustainability as well as Finance and Procurement and HR are some of the many virtual work experience opportunities you can engage on - all virtually. To find out more and get signed up on a programme visit [Careers in Local Government Work Experience Guide - Youth Employment UK](#)

The screenshot shows the top section of the Youth Employment UK website. At the top left is the logo for Youth Employment UK, which includes a stylized 'Y' with a Wi-Fi symbol. To the right of the logo is a search bar with the text 'Search...'. Further right is a dark blue button with a white padlock icon and the text 'LOGIN/REGISTER'. Below the search bar is a horizontal navigation menu with the following items: 'OUR WORK', 'POLICY & RESEARCH', 'YOUNG PEOPLE', 'ORGANISATIONS', and 'EDUCATION'. Below the navigation menu are two purple buttons: 'ONLINE COURSES' and 'EXPLORE #LOCALGOV'. The main banner features a purple background on the left with the text 'Explore careers in local government' and 'Virtual work experience'. On the right side of the banner is a photograph of a young man with dark hair, wearing a white t-shirt, looking towards the camera. Below the banner is a white box with the text: 'Welcome to the work experience guide for local government careers. Take a closer look at careers and opportunities you can find in local government. See why it's a great place to work!'.

## Careers into Rail

If the mention of the rail careers just makes you think of train drivers or train managers, then think again. <https://routesintorail.org/> is a brand new website offering a real eye-opener to the massive range of jobs available in the rail industry. There are jobs ranging from engineers to planners, to accountants and many more, including environmentally related careers. Why not try the fun quiz which will help you to reveal what jobs may interest you- well worth a visit whatever sector you may be considering. For further information on other careers on the rail network, visit [Who we are - Network Rail](#)



The screenshot shows the homepage of the Routes into Rail website. At the top left is the logo 'Routes into Rail' with 'Powered by NSAR' below it. To the right are navigation links: 'about us', 'work in rail', 'careers', 'resources', and 'discover more'. Below these are social media icons for Twitter, Instagram, and LinkedIn, and buttons for 'work with us' and 'subscribe'. The main content area features the heading 'Learn about careers in rail and connect with industry employers'. Below this is a search bar with the placeholder text 'Search careers...' and a 'Search' button. There are four category buttons: 'Careers', 'Apprenticeships', 'Graduate schemes', and 'Ex-armed forces'. On the right side, there is a video player titled 'This is Routes into Rail' showing an illustration of a train at a station platform with a person walking. Below the video player is a 'Watch on YouTube' button.



## Careers in the Army

The British Army is changing the way it operates.

Under Future Soldier the Army are delivering the most radical transformation to their Army in 20 years.

It involves thinking differently about emerging threats, how they deal with them, and the skills, capabilities, and equipment that they need. The Army can provide rewarding and exciting career with great opportunities to travel and upskill. From training to be a mechanic to Electronics Technician, to Ground Crew Specialist, to Cyber Engineer, to Military Intelligence, to HR Specialist, to Power Engineer, to Chef, Veterinary Officer, to Pharmacist, to Environmental Health Officer, to Doctor to Chaplain and many thousand more jobs, there's something for everyone in the Army. **All salaries start at £23,400.**

For further information, visit the Army website

<https://www.army.mod.uk/our-future/>



WHAT WE DO

WHO WE ARE

WHERE WE ARE

OUR FUTURE

NEWS & EVENTS

PEOPLE & CAREERS

